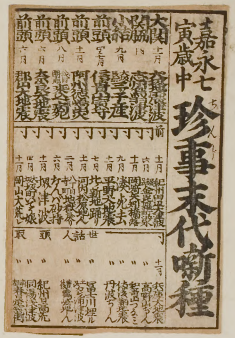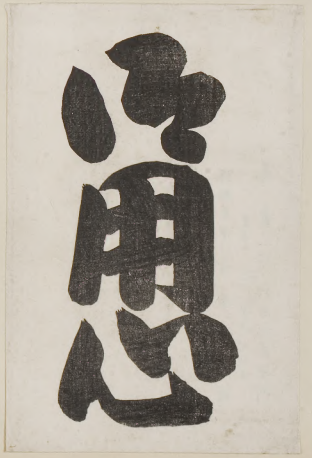鹿嶋要石